

GEMS

August 2024

A Meal Program for Older Adults living in the RM of Macdonald

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Sanford Spaghetti & Meatballs	2	3
4	5 No Meal Civic Holiday	6	7 Starbuck @11:45 Meatballs with gravy	8 Sanford @11:45 Cold plate	9	10
11	12 La Salle @ 11:45 Roast Beef	13	14 Starbuck @11:45 Pesto Chicken	15 Sanford @ 11:45 Ham & Texas Potatoes	16 Folklorama	17
18	19 La Salle @ 11:45 S & S Meatballs	20	21 Starbuck @11:45 Lasagna	22 Sanford @11:45 Liver n Onions	23	24
25	26 Brunkild @11:45 Fried Chicken	27	28 Starbuck @11:45 Soup & Sandwiches	29 Sanford @11:45 Pulled pork on a bun	30	31

Please call Leanne at 204-735-3052 to sign up no later a couple days before each week's meals.

We will try to accommodate special dietary requests.

Please call ahead to confirm.

Menu subject to change.

\$10 per person